

### THE 9th ATF TAEKWONDO CHAMPIONSHIPS 2009

3 Phan Van Dat Street, District 1, HCMC, Vietnam Tel: (84-8) 2 2407476, Fax: (84-8) 3 9627472





April 27<sup>th</sup>, 2009

To: The Presidents

**ATF Member National Associations/Federations** 

Re: Official invitation to the 9<sup>th</sup> ATF Taekwondo Championships 2009

Dear Sirs/Madam,

In accordance with the instructions of the ASEAN Taekwondo Federation (ATF), it is with great pleasure that we extend this official invitation to your national team to participate in the 9<sup>th</sup> ATF Taekwondo Championships 2009 taking place in Hochiminh City, Vietnam between June 4<sup>th</sup> and 7<sup>th</sup>, 2009, which is the rehearsal for the SEA Games – Laos.

I hope that you and your honored team will come to this event and display the highest spirit of the sportsmanship as well as enhancement of taekwondo techniques.

For and on behalf of the Organizing Committee, I would like to ensure that we make every possible effort to achieve the highest level of taekwondo through this event and its successful organization.

I look forward to welcoming you to our beautiful Hochiminh City.

Yours faithfully,

Truong Ngoc De

Vice President/Secretary General Vietnam Taekwondo Federation



### THE 9th ATF TAEKWONDO CHAMPIONSHIPS 2009

3 Phan Van Dat Street, District 1, HCMC, Vietnam Tel: (84-8) 2 2407476, Fax: (84-8) 3 9627472 E-mail: vta.spo@hcm.vnn.vn, Web site: www.mahcmc.com



### **OUTLINE**

1. PROMOTER: THE ASEAN TAEKWONDO FEDERATION (ATF)

c/o 133 New Bridge Road, #21-01 Chinatown Point

Singapore 059413 Tel: (65) 7327007 Fax: (65) 5381981

2. ORGANIZER: VIETNAM TAEKWONDO FEDERATION (VTF)

3 Phan Van Dat Street, District 1

Hochiminh City, VIETNAM Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: <a href="mailto:vta.spo@hcm.vnn.vn">vta.spo@hcm.vnn.vn</a> Web site: <a href="mailto:www.mahcmc.com">www.mahcmc.com</a>

3. DATES: June 4<sup>th</sup> - 7<sup>th</sup>, 2009

4. VENUES: Phan Dinh Phung Stadium

3 Vo Van Tan, Distric 3, Hochiminh City, Vietnam

5. QUALIFICATIONS:

1) Holder of the nationality of the participating team

- 2) One recommended by the national taekwondo association
- 3) Holder of the Kukkiwon poom or dan certificate
- \* A copy of Dan or Poom certificate should be enclosed when registration for accreditation.
- 4) Junior (Kyorugi): aged between 14 and 17 years old, based on the year of 2009. Those who were born between January 1, 1992 and December 31, 1995.
- 5) Junior (Poomsae): aged between 14 and 18 years old (between January 1, 1991 and December 31, 1995)
- 6. COMPETITION RULES: WTF Kyorugy Competition & Poomsae Rules
- 7. METHOD OF COMPETITION:
  - Free sparring: Single elimination tournament system
  - Poomsae: Ranking system by points

#### 8. TEAM ENTRIES FOR MALE AND FEMALE DIVISIONS RESPECTIVELY:

Head of team: 1
Manager: 1
Coach: 2
Trainer: 2
Team doctor: 1

Contestants: 20 (Junior) + 16 (Senior) + 7 (Poomsae)

Total (maximum): 50

### 9. WEIGHT CATEGORIES & COMPETITION EVENTS:

Free sparring (Kyorugi): maximum 2 competitors for each weight categories

### a) Senior Male Division

Fin Not exceeding 54kg

Fly Over 54kg & not exceeding 58kg
Bantam Over 58kg & not exceeding 62kg
Feather Over 62kg & not exceeding 67kg
Light Over 67kg & not exceeding 72kg
Welter Over 72kg & not exceeding 78kg
Middle Over 78kg & not exceeding 84kg

Heavy Over 84kg

### b) Senior Female Division

Fin Not exceeding 47kg

Fly Over 47kg & not exceeding 51kg
Bantam Over 51kg & not exceeding 55kg
Feather Over 55kg & not exceeding 59kg
Light Over 59kg & not exceeding 63kg
Welter Over 63kg & not exceeding 67kg
Middle Over 67kg & not exceeding 72kg

Heavy Over 72kg

### c) Junior Male Division

Fin Not exceeding 45kg

Over 45kg & not exceeding 48kg Fly Over 48kg & not exceeding 51kg Bantam Feather Over 51kg & not exceeding 55kg Over 55kg & not exceeding 59kg Light Welter Over 59kg & not exceeding 63kg Light Middle Over 63kg & not exceeding 68kg Middle Over 68kg & not exceeding 73kg Light Heavy Over 73kg & not exceeding 78kg

Heavy Over 78kg

#### d) Junior Female Division

Fin Not exceeding 42kg

Over 42kg & not exceeding 44kg Fly Over 44kg & not exceeding 46kg Bantam Feather Over 46kg & not exceeding 49kg Light Over 49kg & not exceeding 52kg Over 52kg & not exceeding 55kg Welter Light Middle Over 55kg & not exceeding 59kg Middle Over 59kg & not exceeding 63kg Over 63kg & not exceeding 68kg Light Heavy

Heavy Over 68kg

#### Pattern (Poomsae):

### a) Individual Junior Poomsae (14 - 18 years old):

Individual Poomsae are divided into male and female divisions (Individual Junior Male Poomsae and Individual Junior Female Poomsae): one (01) contestant per division from each team.

### b) Individual Senior Poomsae (19 years old and over):

Individual Poomsae are divided into male and female divisions (Individual Senior Male Poomsae and Individual Senior Female Poomsae): one (01) contestant per division from each team.

#### c) Pair Poomsae:

Each team shall send a pair of male and female contestants with no age limit.

#### d) Team Poomsae:

Team Poomsae are divided into male and female divisions. Each team consists of 3 contestants with no age limit.

### \*\*\* Four poomsae shall be performed in two rounds as follows:

- Preliminaries (over eight participants): contestants of individual, pair and team poomsae events shall perform two (02) of the 1<sup>st</sup> four following compulsory poomsae, and eight contestants shall be selected based on their points
  - \* Junior: Taegeuk 4, 5, 6, 7 Jang
  - \* Senior: Taegeuk 6, 7, 8 Jang and Koryo
- Finals: contestants of individual, pair and team poomsae events are required to perform two (02) of the 2<sup>nd</sup> four following compulsory poomae.

\* Junior: Taegeuk 8 Jang, Koryo, Keumgang, Taeback \* Senior: Keumgang, Taeback, Pyoungwon, Shipjin

#### **10. AWARD PRESENRATION:**

### a) Free Sparring Event

1 st Place : Gold Medal 2<sup>nd</sup> Place : Silver Medal 3<sup>rd</sup> Place : Bronze Medal (2)

### b) Pattern (Poomsae)

- Individual Poomsae

1<sup>st</sup> Place : Gold Medal 2<sup>nd</sup> Place : Silver Medal 3<sup>rd</sup> Place : Bronze Medal (2)

Team Poomsae

1<sup>st</sup> Place : Gold Medal 2<sup>nd</sup> Place : Silver Medal 3<sup>rd</sup> Place : Bronze Medal (2)

- Team winners are decided according to the number of gold medals that each team won, in case the number of gold medals are the same, then it depends on the number of silver medal and in case the number of silver medal are the same, then it depends on the number of bronze medal.
- The top five participating teams will receive trophies. Some of Good Fighting Spirit Prize and Active Participation Prize will be awarded to the pertinent teams

### 11. TERMS AND CONDITIONS OF PARTICIPATION:

a) Roundtrip airfares and accommodation charges of room and board shall be borne by the participating national associations.

- b) Members of team (officials & contestants) and others (supporters) must stay at the hotel arranged by the Organizing Committee.
- c) Entry fee: US\$ 20 per participant for <u>poomsae</u> competition event and <u>Junior</u> free sparring individual competition; US\$ 200 per team (male and female respectively) for senior free sparring individual competition.
- d) Room including breakfast and inland transportation for each participant.

- Official members of team: US\$ 40/a day/1 person US\$ 50/a day/1 person

- e) All fees must be paid IN CASH in US dollars only at the registration desk before checking in at the Hotel.
- f) Before June 3<sup>rd</sup> and after June 8<sup>th</sup>, 2009 please kindly contact the organizing committee for hotel accommodation and meals.
- g) The Organizing Committee shall not be responsible for any matter occurred during the championship if you do not stay at the host hotel.

### 12. INTERNATIONAL REFEREES:

- a) The World Taekwondo Federation (WTF) upon the recommendation of the ASEAN Taekwondo Federation (ATF) will appoint required number of International Referees (each participating country recommends 02 kyorugy I.Rs. and 01 poomsae I.R.).
- b) Roundtrip airfares shall be borne by each national association of those referees, while five (05) nights' charges of room and board (check-in on morning June 3<sup>rd</sup> and check-out on morning June 8<sup>th</sup>, 2009) shall be covered by the Organizing Committee.
- c) The Organizing Committee will provide each participating referee with an allowance of US\$ 70 per day for three (03) days of competition.

# 13.WTF-RECOGNIZED TAEKWONDO UNIFORM (DOBOK) AND PROTECTIVE EQUIPMENT:

- a) The participating contestants shall wear the WTF recognized Taekwondo uniform (Dobok) and the WTF recognized protective equipment of head protector, trunk protector, shin and forearm guards, groin guard, hand protector, foot protector and mouthpiece.
- b) The Organizing Committee shall provide the head gear and trunk protector for the participating contestants, while groin guard, shin & forearm guards, hand protector, foot protector and mouthpiece shall be brought by the participating contestants for personal use.
- c) Wearing of the WTF-recognized Taekwondo uniform (Dobok) and protective equipment will be checked at the inspection desk before entering the contest area and any contestant wearing unrecognized Dobok or protective equipment will not be permitted to compete.
- d) The list of companies for the WTF recognized Dobok and protective equipment is enclosed herein for purchase in advance.
- 14. WEIGH-IN: weigh-in will be conducted one day before the pertinent matches.

#### 15. INDEMNITIES:

a) It shall be the responsibility of the respective national associations to ensure that their participants have validly completed the official participation forms and have them signed indemnifying the organizers, its officials and other contestants from any claims of injuries, losses, fatal of otherwise arising in the course of participation in this championship or any activities thereto.

- b) It shall be the responsibility of the respective national associations to ensure that all officials and participants are covered with effective insurance coverage.
- c) Participants without proper participation entry forms and effective insurance coverage will not be allowed to compete.
- d) The Organizing Committee will ensure at its own expenses for the competitors against any injury and what so ever, in the course of competitions.

### 16. HEAD OF TEAM MEETING & DRAWING OF LOTS:

- a) The head of team meeting and drawing of lots shall be conducted one day prior to the competition in the presence of officials and the representatives of the participating nations and the draw shall be done from fin weight to heavy weight category in the English alphabetical order of the official names of the participating nations.
- b) An official shall be designated to draw lots on behalf of the officials of participating nations not present at the draw.
- c) The order of the draw may be changed according to the decision during the head of team meeting.

#### 17. NATIONAL FLAG AND ANTHEM:

It is the responsibility of each participating national team to bring the following items for use in the opening & closing ceremonies and awarding ceremony.

Two (02) national flags, size 90cm x 130cm (only IOC recognized flags will be permitted) and a cassette tape/CD of your national anthem.

#### 18. FIRST ENTRY FORM AND CLOSING DATE FOR ENTRIES:

The deadline for the official entry forms to reach the Organizing Committee is on the 25<sup>th</sup> of May 2009 and entries received after the deadline will not be entertained. Strict compliance with this ruling is hereby requested.

#### 19. VISA ENTRY:

The Organizing Committee will help the participating teams for entry visas if requested before May 15<sup>th</sup>, 2009. We are not responsible for the requests after this date.

# Travel schedule of team

The Chairman of the Organizing Committee The 9<sup>th</sup> ATF Taekwondo Championships 2009 To:

3 Phan Van Dat Street, District 1

Hochiminh City, VIETNAM Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: vta.spo@hcm.vnn.vn Web site: www.mahcmc.com

NATION :
TOTAL NUMBER OF PERSONS :
NO. OF OFFICIALS :NO. OF CONTESTANTS :
DATE OF ARRIVAL :
TIME OF ARRIVAL :
FLIGHT NO. :
DATE OF DEPARTURE :
TIME OF DEPARTURE :
FLIGHT NO.:

This document must be returned to the Organizing Committee NO LATER THAN the 25th of May, 2009 to insure appropriate transportation arrangement for your team

# **OFFICIAL ENTRY FORM**

### Female/Male Senior/Junior Team

To: The Chairman of the Organizing Committee
The 9<sup>th</sup> ATF Taekwondo Championships 2009
3 Phan Van Dat Street, District 1
Hochiminh City, VIETNAM

Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: <a href="mailto:vta.spo@hcm.vnn.vn">vta.spo@hcm.vnn.vn</a>
Web site: <a href="mailto:www.mahcmc.com">www.mahcmc.com</a>

We herewith submit the application to participate in

# THE 9<sup>th</sup> ATF TAEKWONDO CHAMPIONSHIPS 2009

Participating Nation
Name of Association
Name of Representative

Representative's Signature (With Association stamp)

# LIST OF TEAM MEMBERS

### Female/Male Junior Team

The Chairman of the Organizing Committee The 9<sup>th</sup> ATF Taekwondo Championships 2009 3 Phan Van Dat Street, District 1 To:

Hochiminh City, VIETNAM Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: vta.spo@hcm.vnn.vn Web site: www.mahcmc.com

l. Applying Nation	
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# 2. Officials:

Position	Name in full (Underline family name)	Date of Birth (dd/mm/yyyy)	Nationality	Passport No.
Head of team				
Team				
Manager				
Team Coach				
Team Trainer				
<b>Team Doctor</b>				

### 3. Contestants:

Weight	Name in full (underline family name)	Date of Birth (dd/mm/yyyy)	Nationality	Kukkiwon Dan Certificate No.
Fin				
Fly				
Bantam				
Feather				
Light				
Welter				
Light Middle				
Middle				
Light Heavy				
Heavy				

# LIST OF TEAM MEMBERS

### Female/Male Senior Team

The Chairman of the Organizing Committee The 9<sup>th</sup> ATF Taekwondo Championships 2009 To:

3 Phan Van Dat Street, District 1 Hochiminh City, VIETNAM

Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: vta.spo@hcm.vnn.vn Web site: www.mahcmc.com

1. Applying Nation:	
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### 2. Officials:

Position	Name in full (Underline family name)	Date of Birth (dd/mm/yyyy)	Nationality	Passport No.
Head of team				
Team				
Manager				
Team Coach				
Team Trainer				
Team Doctor				

### 3. Contestants:

Weight	Name in full (underline family name)	Date of Birth (dd/mm/yyyy)	Nationality	Kukkiwon Dan Certificate No.
Fin				
Fly				
Bantam				
Feather				
Light				
Welter				
Middle				
Heavy				

# LIST OF TEAM MEMBERS

# Poomsae Team

The Chairman of the Organizing Committee The 8<sup>th</sup> ATF Taekwondo Championships 2007 To:

3 Phan Van Dat Street, District 1 Hochiminh City, VIETNAM

Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: vta.spo@hcm.vnn.vn Web site: www.mahcmc.com

Applying Nation:
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### 2. Officials:

Position	Name in full (Underline family name)	Date of Birth (dd/mm/yyyy)	Nationality	Passport No.
Head of team				
Team Coach				
Team Trainer				

### 3. Contestants:

Weight	Name in full (underline family name)	Date of Birth (dd/mm/yyyy)	Nationality	Kukkiwon Dan Certificate No.
Individual	Junior:			
Male	Senior:			
Individual	Junior:			
Female	Senior:			
Pair	1.			
Poomsae	2.			
Team	1			
Poomsae	2			
	3			

# **PHOTOS OF OFFICIALS**

Female/Male Junior Team

NATION:				
Head of Team			Team Manager	
	2 photos			2 photos
Name:			Name:	
Team Coach		7	Team Trainer	
	2 photos			2 photos
Name:			Name:	
Team Doctor		7	Other	
	2 photos			2 photos
Name:			Name:	

All photos must have the name of person on the backside

# **PHOTOS FOR COMPETITORS**

Female/Male Junior Team

NATION:			
Fin Weight		Fly Weight	
	2 photos		2 photos
Name:		Name:	
Bantam Weight		Feather Weight	
	2 photos		2 photos
Name:		Name:	
Light Weight		Welter Weight	
	2 photos		2 photos
Name:		Name:	
Light Middle Weight		Middle Weight	
	2 photos		2 photos
Name:		Name:	
Light Heavy Weight	2 photos	Heavy Weight	2 photos
Name:		Name:	

# **PHOTOS OF OFFICIALS**

Female/Male Senior Team

NATION:			
Head of Team		Team Manager	
	2 photos		2 photos
Name:		Name:	
Team Coach		Team Trainer	
	2 photos		2 photos
Name:		Name:	
Team Doctor		Other	
	2 photos		2 photos
Name:		Name:	

All photos must have the name of person on the backside

# **PHOTOS FOR COMPETITORS**

Female/Male Senior Team

NATION:			
Fin Weight		Fly Weight	
	2 photos		2 photos
Name:		Name :	
Bantam Weight		Feather Weight	
	2 photos		2 photos
Name:		Name:	
Light Weight	2 photos	Welter Weight	2 photos
Name:		Name:	
Middle Weight		Heavy Weight	
	2 photos		2 photos
Name:		Name:	

# **PHOTOS OF OFFICIALS**

Female/Male Poomsae Team

NATION:			
Head of Team	2 photos	Team Coach	2 photos
Name:		Name:	
Team Trainer	2 photos	Other	2 photos
Name:		Name:	
Other	2 photos	Other	2 photos
Name:		Name:	

All photos must have the name of person on the backside

# **PHOTOS FOR COMPETITORS**

Female/Male Poomsae Team

NATION:			
Junior Individual Male	2 photos	Senior Individual Male	2 photos
Name:		Name :	
Junior Individual Female	2 photos	Senior Individual Female	2 photos
Name:		Name:	
Pair Poomsae Male	2 photos	Pair Poomsae Female	2 photos
Name:		Name:	
Team Poomsae	2 photos	Team Poomsae	2 photos
Name:		Name:	
Team Poomsae  Name:	2 photos	Other  Name:	2 photos
Timile .		''''''' '	

# **GROUP INDEMNITY**

#### Female/Male Junior/Senior Team

To: The Chairman of the Organizing Committee

The 9<sup>th</sup> ATF Taekwondo Championships 2009

3 Phan Van Dat Street, District 1 Hochiminh City, VIETNAM

Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

The Signer

E-mail: <a href="mailto:vta.spo@hcm.vnn.vn">vta.spo@hcm.vnn.vn</a> Web site: <a href="mailto:www.mahcmc.com">www.mahcmc.com</a>

### LIABILITY DECLARATION

President's name	 	 
Address		

Tel......Fax......Name of National Association.....

is authorized to make this declaration and confirm by his/her signature that a liability insurance has been effected for the officials and competitors participating in the 9<sup>th</sup> ATF Taekwondo Championships 2009.

This insurance is liable for all damages of persons or things and releases the Organizing Committee, the ASEAN Taekwondo Federation (ATF), and Vietnam Taekwondo Federation from any liability.

It is expressly confirmed that in case of damages of persons or things claims for compensation and demands whatsoever cannot be put to the Organizing Committee, the Vietnam Taekwondo Federation (VTF) and the ASEAN Taekwondo Federation (ATF).

Team Head's signature With Association stamp

# **Personal Insurance Credential**

Female/Male Junior/Senior Team

The Chairman of the Organizing Committee To: The 9<sup>th</sup> ATF Taekwondo Championships 2009 3 Phan Van Dat Street, District 1

Hochiminh City, VIETNAM

Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472

E-mail: vta.spo@hcm.vnn.vn Web site: www.mahcmc.com

No player, no	official will be	accredited t	o the 9 <sup>th</sup>	ATF	Taekwondo	<b>Championships</b>
2009 without c	ompletion of t	his form				

No player, no official will be accredited to the 9 <sup>th</sup> ATF 2009 without completion of this form	Taekwondo	Championships
* Do you have any medical problem? If yes, please explain on the bottom of this form	Yes ( )	No ( )
* Do you require any special medication?	Yes ( )	No ( )
This undersigned in consideration of participation in Championships 2009 agrees to indemnity and hold the Vietnam Taekwondo Federation (VTF) and ASEAN Taharmless and releases the same from any and all injury or by the individual registered in the 9 <sup>th</sup> ATF Taekwondo Chamor in any connected with participation in the 9 <sup>th</sup> ATF Taekwondo	e Organizing aekwondo F illness which apionships 20	Committee, the ederation (ATF), may be suffered 09, arising out of,
I have read the above application and agreement and fully risks for any injuries received.	understand	that I assume all
Name in full Home address		
Date of Birth		
I hereby declare a confirmation by my signature, that liabilit for all the officials and contestants fromof your country) participating in the 9 <sup>th</sup> ATF Taekwondo Cha	- 	(insert name
This insurance covers all damages to persons and thin Vietnam Taekowndo Federation and ASEAN Taekwondo damages, claims and demands whatsoever in respect there	Federation	
Please type, if any medical problem or medication:		

Team Head's Signature With Association stamp

### THE FIRST ENTRY FORM

The Chairman of the Organizing Committee

To:

The 9<sup>th</sup> ATF Taekwondo Championships 2009 3 Phan Van Dat Street, District 1 Hochiminh City, VIETNAM Tel: (84-8) 2 2407476 Fax: (84-8) 3 9627472 E-mail: vta.spo@hcm.vnn.vn Web site: www.mahcmc.com National Taekwondo Association :..... Name of the President : Address: ..... Tel: ......Fax: Email:..... MALE TEAM Officials ......Persons. Contestants ...... Persons. FEMALE TEAM Officials ......Persons. Contestants ...... Persons. **OTHERS** Persons. Total ...... Persons Signature:.... For and on behalf of the National Association



### THE 9th ATF TAEKWONDO CHAMPIONSHIPS 2009

3 Phan Van Dat Street, District 1, HCMC, Vietnam Tel: (84-8) 2 2407476, Fax: (84-8) 3 9627472





# **EVENTS SCHEDULE**

June 3<sup>rd</sup> to 8<sup>th</sup>, 2009, Hochiminh City - Vietnam

DATE	TIME	CONTENTS	PLACE
June 3 <sup>rd</sup> 2009	08:00-17:00	<ul><li>Officials, I.R.s, teams Arrival</li><li>Bus to Vung Tau City</li><li>Registration</li></ul>	Tan Son Nhat Airport Host Hotel "
		- Team training	Phan Dinh Phung Stadium
	08:00-10:00 10:00-11:30	ATF Executive Council Meeting     Head of Team Meeting and Drawing Lots	Host Hotel
June 4 <sup>th</sup>	14:00-14:55	- Team training - Preweigh-in	Phan Dinh Phung Stadium
2009	15:00-16:00 14:00-17:30	- Official Weigh-in for the 1 <sup>st</sup> competition day - International Referee's Meeting and Training.	u
	18:30	- Welcome Party (Officials & I.Rs.)	Host Hotel
June 5 <sup>th</sup> 2009	08:00 15:00-16:00 16:00-17:00 19:00-19:30 19:30-21:00	<ul> <li>Poomsae (all events)</li> <li>Free sparring: male &amp; female</li> <li>* Junior: fin &amp; fly</li> <li>* Senior: fin &amp; fly</li> <li>Preweigh-in</li> <li>Official Weigh-in for the 2<sup>nd</sup> competition day</li> <li>Open Ceremony</li> <li>Finals &amp; Awarding Ceremony</li> </ul>	Phan Dinh Phung Stadium
June 6 <sup>th</sup> 2009	08:00 15:00-16:00 16:00-17:00 19:00-21:00	<ul> <li>Free sparring: male and female</li> <li>* Junior: bantam, feather, light &amp; welter</li> <li>* Senior: bantam, feather, light &amp; welter</li> <li>- Preweigh-in</li> <li>- Official Weigh-in for the 3<sup>rd</sup> competition day</li> <li>- Finals &amp; Awarding Ceremonies</li> </ul>	Phan Dinh Phung Stadium
June 7 <sup>th</sup> 2009	08:00	<ul> <li>Free sparring: male and female</li> <li>* Junior: light middle, middle, light heavy &amp; heavy</li> <li>* Senior: middle &amp; heavy</li> <li>- Awarding &amp; Closing Ceremony</li> </ul>	Phan Dinh Phung Stadium
June 8 <sup>th</sup> 2009		- Departure	Tan Son Nhat Airport